



## 40 Free Events in 40 Days

### Capitol Hill Arts Workshop 40<sup>th</sup> Anniversary Year Kick-Off Celebration

At Capitol Hill Arts Workshop, art is community...community is art. We have learned this over the past 40 years and look forward to what the next 40 years will teach us. We invite the CHAW community to explore how art continually engages, inspires, informs and excites as we celebrate this moment in our evolving story. Please be our guest at as many of these 40 free events as you are able. Pre-registration is required for some events. To register, visit [www.chaw.org](http://www.chaw.org) and click on 40 Free Events Link. Registrants will automatically be enrolled in a drawing for a \*\$50 CHAW gift certificate

#### 1. Wednesday, January 4

##### Darkroom Portraits

Teaching Artists, Bruce McKaig

7:00 – 8:30 pm

Join this class, and 90 minutes later you will leave with a fantastical portrait that you made in the darkroom. Fun and informative for all ages, great for entire families to try, you will not need to bring anything to participate other than curiosity. (Limit 10 – Photo Lab, Registration Required)

#### 2. Saturday, January 7

##### Animal Mask Making and Performance

Teaching Artist, Marina McClure

10:00 am – 11:30 am

Creatures from around the globe come to life as we make masks and learn how to use them (combined with other puppets) to create a short play. (Limit 12 ages 6 and up – Art and Dance Studios, Registration Required)

#### 3. Saturday, January 7

##### CHAW's 6<sup>th</sup> Annual Contemporary Photography Exhibition

Show Opening – Gallery Talk

Curator, Bruce McKaig

5:00 – 7:00 pm

Show runs through February 2, 2012

#### 4. Monday, January 9

##### Sculptural Birdbath

Teaching Artist, Lindsey Walter

7:00 - 8:30 pm – Open House

Celebrate CHAW's 40 anniversary by working on the 40th birthday bird bath! Have your work be permanently displayed in CHAW's garden and have fun sculpting with clay.

Participants will learn how to use basic tools to create texture and detail in their miniature sculptures. Every piece will be incorporated into the bird bath basin and students will learn how to work collaboratively and continue to build community through the arts! All ages and all skill levels welcome. (Ceramics Studio, Registration Required)

#### 5. Wednesday, January 11

##### Think Flat, Think 3D

Teaching Artist, Carolina Mayorga

7:00 - 8:30 pm

As we are more familiar with Two-dimensional art in general this workshop will introduce students to the Three-D world and show the creative possibilities of fundamental sculptural

concepts. Even if you prefer one over the other you will be amazed at how the 2 media complement each other and can expand the potential of your artistic creations. (Limit 12 – Art Studio, Registration Required)

#### 6. Wednesday, January 11

##### Building a Vocal Community ®: Finding Your Voice

Teaching Artists, Dr. Ysaye M. Barnwell

7:00 – 9:00

An evening of community singing led by Dr. Ysaye M. Barnwell, singers and non-singers alike will share the common experience of learning in the oral tradition and singing rhythms, chants, traditional songs from Africa and the Diaspora, and a variety of songs from African American culture, including spirituals, ring shouts, hymns, gospels, and songs from the Civil Rights Movement. There is an awesome power in the human voice and when uncommon voices are blended for the common good, they become a "vocal community" at its best. All that is required is a willingness to sing. Suitable for all ages. (Limit 35 – Dance Studio, Registration Required)

#### 7. Thursday, January 12

##### Nana's Nano Vision: An artist's search for the beauty of the DNA molecule

Teaching Artist, Nana Bagdavadze

7:00 - 8:30 pm

Join artist Nana Bagdavadze in the discussion on how she embraced scientific ideas and imagery based on her personal story, her efforts to express profound realities in the universe in connection to human experience. From figurative to the nexus of art and science, Nana will introduce her work through a power point presentation and share her passionate quest for the hidden beauty of the genetic world and iconic DNA molecule as a metaphor in her ongoing work. (Limit 50 – Dance Studio, Registration Required)

#### 8. Friday, January 13

##### Tango Practica

Teaching Artists, Jake and Danarae Stevens

7:00 – 9:30 pm

This is a great opportunity for tango dancers of all levels to practice, collaborate and learn in a collective space. It's great fun and a great way to hone your skills. (Dance Studio)

**9. Saturday, January 14**

**Family Concert**

**Bokamoso Youth in Performance**

**6:00 pm**

CHAW is pleased to sponsor an appearance by the youth of the Bokamoso Youth Centre in Winterveldt Township near Pretoria, South Africa who will talk and sing about their challenges and dreams. The Centre offers essential services to young South Africans, including: skills training, mentorship for AIDS awareness, conflict management, and life skills. Each year, 12 of the students in the Centre's performing arts program receive scholarships for a month-long exchange and performance tour in America. The exchange helps to raise funds to keep the Centre's programs alive. There will be a free-will offering at this concert in support of the Bokamoso Youth Centre. *(Limit 50 – Dance Studio, Registration Required)*

**10. Saturday, January 14**

**All Points West Chamber Music Ensemble**

**Family Concert**

**11:00 am**

All Points West is a chamber collective of DC musicians whose mission is to make classical music accessible and exciting for their community. APW strives to break free from the constraints of the traditional concert hall, engaging young audiences through educational programming that highlights all aspects of the music making process. Whether rocking out to Latin rhythms or demonstrating dynamic nuances, this concert is sure to excite and enlighten young and old alike. *(Limit 55 – Theater, Registration Required)*

**11. Saturday, January 14**

**Mural Painting – Open House**

**Teaching Artist, Bennett Heggestad**

**10:00 -12:00 pm**

Murals by Kids for Kids paints murals, inspired by artwork sent from children around the world, and returns the completed artwork with inspiration and love from the mural creators. Drop in to lend your voice and artistry to the latest project which is headed to an AIDS orphanage in Mumbai, India, upon completion. Write letters and draw pictures for the children at the orphanage. Suitable for children/youth ages 5 - 18.

**12. Tuesday, January 17**

**Remembrance of Martin Luther King Jr.**

**Capitol Hill Presbyterian Church (4<sup>th</sup> & Independence SE)**

**7:00 pm**

Honor the life of Martin Luther King through music, dance and spoken word. Join artists and choirs from the metro area in this concert celebrating love, peace and community. This concert is presented in partnership with the GLBT Arts Consortium.

**13. Tuesday, January 17**

**Jewelry Making for Kids**

**Teaching Artist, Heidi Hess**

**6:00 - 7:30 pm**

Create jewelry for yourself, your friends and family. Learn basic steps in jewelry-making and experiment with different materials and designs while making earrings, bracelets and necklaces. Suitable for ages 8 – 15. *(Limit 12 – Art Studio, Registration Required)*.

**14. Tuesday, January 17**

**Jewelry Making for Adults**

**Teaching Artist, Heidi Hess**

**7:30 - 9:00 pm**

Explore the art of jewelry making. Learn the steps to design and create earrings, necklaces and simple thread bracelets. Ages 16 and up. *(Limit 12 – Art Studio, Registration Required)*.

**15. Wednesday, January 18**

**Action=Art/Art=Action**

**Teaching Artist, Carolina Mayorga**

**7:00 -8:30 pm**

Have you ever thought that something you do on a daily basis can become a work of art? Discover the creative potential of a simple action and turn yourself into a work of art. This workshop examines performance art, an art form that teaching artist Carolina Mayorga has explored for the last 6 years. This workshop is designed for individuals ready to expand their ideas of art and incorporate them into everyday life. *(Limit 12 – Art Studio, Registration Required)*

**16. Wednesday, January 18**

**The Blue--Collar Artist Navigates the Industry of Art**

**Part I - Overview**

**Teaching Artist, Bruce McKaig**

**7:00 – 8:30 pm**

This series of three classes (see also Jan. 25 and Feb. 1) is designed for artists with some experience and a growing stock of images, who want to organize and present a portfolio of their work. The class will discuss appropriate protocol to present a portfolio (galleries, museums, publications, festivals) and students will work on the complementary tools for a presentation (an artist statement, a resume, a proposal, jpegs). These sessions include a variety of materials on the wheres, whos, and hows of getting your art out of boxes and into the industry of art. It is never too early to start. *(Limit 20 – Dance Studio, Registration Required)*

**17. Thursday January 19**

**Midnight in Paris: George Braque, Pablo Picasso and Cubism**

**Teaching Artist, Ellen Cornett**

**7:00 -8:30 pm**

Pablo Picasso and Georges Braque invented cubism and changed the course of western art. They fractured and re-composed pieces of visual reality to create paintings that presented complex representations of objects in time and space. And, as if that weren't enough, Picasso and Braque re-introduced collage to the tool box of the contemporary artist. Working from a still life setup, students will explore the principles of cubism, exploring multiple views of the objects and creating collaged and fractured paintings in the style of Braque and Picasso. *(Limit 12 – Art Studio, Registration Required)*

**18. Saturday, January 21**

**Drawing Nature**

**Teaching Artist, Kent Gay**

**10:00 – 11:15 am**

*"... time spent drawing is a revelation." Sarah Simblet from [Botany for the Artist](#).*

Unplug from your gadgets, pick up a pencil, and tune in to the beauty of the world around you. The act of drawing can transform passive attention to active seeing. This class is appropriate for all skill levels, including beginners. Kent will lead you through fundamental drawing exercises using objects from nature. You will learn how to see and draw, awakening and engaging your curiosity about the natural world. Suitable

for ages 15 and up. *(Limit 12–Art Studio. Registration Required.)*

**19. Saturday, January 21**

**Family Sock Hop**

**Teaching Artist, Heidi Hess**

**6:00 - 7:30 pm**

Dance the night away at our Family Sock-Hop as we turn back the clock, and groove to the tunes of some of history's best dance crazes. Pizza and drinks are provided to make sure you have that energy to rock your socks off! *(Limit 40 – Dance Studio, Registration Required)*

**20. Monday, January 23**

**Guitar Chord Melody**

**Teaching Artist, Ignacio Hernandez**

**7:00 – 8:30 pm**

Learn how to adapt a song to play both chords and melody on the guitar by learning re-harmonization techniques, the use of triads against different bass notes and performance techniques. For ages 15 and up with some theory experience. *(Limit 15 – Dance Studio)*

**21. Monday, January 23**

**Cards, Candida and Collage: Part I**

**Teaching Artist, Leslie Mansour**

**7:00 -8:30 pm**

Discover the secrets embedded in a photo and celebrate memory through collage. In a world with so much is manufactured for us redefine your greetings with a personal touch while learning basic collage techniques that will transform your Hallmark into a work of art! Bring in old photos, those memorable candida and your favorite papers if you have them to create cards with your own words and images. Suitable for ages 13 & up. *(Limit 8 – Photo Studio, Registration Required, Students should plan to attend parts I & II)*

**21. Tuesday, January 24**

**Cards, Candida and Collage: Part II**

**Teaching Artist, Leslie Mansour**

**7:00 -8:30 pm**

A continuation of Cards, Candida and Collage: Part I. Students will complete project begun on 1/23. Please register for both nights.

**22. Wednesday, January 25**

**The Blue--Collar Artist Navigates the Industry of Art**

**Part II - Developing Tools of the Trade**

**Teaching Artist, Bruce McKaig**

**7:00 – 8:30 pm**

This class is designed for artists with some experience and a growing stock of images, who want to organize and present a portfolio of their work. The class will discuss appropriate protocol to present a portfolio (galleries, museums, publications, festivals) and students will work on the complementary tools for a presentation (an artist statement, a resume, a proposal, jpegs). These sessions include a variety of materials on the wheres, whos, and hows of getting your art out of boxes and into the industry of art. It is never too early to start. *(Limit 20 – Dance Studio, Registration Required)*

**23. Wednesday, January 25**

**The World Outside the Studio**

**Teaching Artist, Carolina Mayorga**

**7:00 - 8:30 pm**

Explore contemporary art practices and discuss your art with teaching artist Carolina Mayorga. Mayorga is an active visual artist in the Washington DC area and has been a CHAW faculty

member since 2004. She also has experience teaching at college level and has conducted numerous workshops in the area. Get one on one feedback and prepare to present your work to our city's vibrant art scene. *(Limit 12 – Art Studio, Registration Required)*

**24. Thursday, January 26**

**Midnight in Paris: Matisse—Drawing with Scissors**

**Teaching Artist, Ellen Cornett**

**7:00 -8:30 pm**

Henri Matisse began using cut paper to explore composition for stage curtains, tapestries and stained glass windows in the 1930s. When, in 1941 he was bed ridden with an infection, he returned to paper cut-outs. Matisse's cut-outs have been described as "an amalgam of drawing, painting and sculpture, a profound and wholly modern synthesis of the arts." Working with hand-painted papers participants will create exuberant and dynamic cut paper drawings like the master. *(Limit 12 – Art Studio, Registration Required)*

**25. Friday, January 27**

**The Art of Snail Mail**

**Teaching Artist, Alayna Rasile**

**7:00 -8:30 pm**

Artist Alayna Rasile is completely addicted to creative, tangible correspondence; her consumption of stamps is unhealthy, and her relationship with the Mail Man is a unique one! This workshop will open up the world of Art Mail. We will discuss a variety of forms that mail can take (binding, folding, puzzles, scrolls...); The myriad of materials that make interesting stationary; creative letter writing structures; and the technical aspects of what goes and what are No-No's for the USPS. In our world of digital communication, the beauty of the good ol' post has been abandoned. Understanding the endless possibilities of parcels is the key to stealing hearts! Suitable for ages 13 and up. *(Limit 12 – Art Studio, Registration Required)*

**26. Space Activation Lab**

**Saturday, January 28**

**Teaching Artist, Binahkaye Joy**

**1:00 - 2:15 pm**

The Space Activation lab is a fun dance experiment designed and conducted by everyone who is dancing in the space. Through a series of movement activities and dance games, participants will discover the connections between the choices we are making in our bodies and the physical and energetic elements of the spaces where we are dancing. *Suitable for ages 10 and up. (Limit 30– Dance Studio , Registration Required)*

**27. Saturday, January 28**

**Open Figure Drawing**

**1:30 - 4:00 pm**

This is an opportunity for artists to work on drawings or paintings in front of a live model in a session without an instructor. Please bring your own drawing materials. Easels are available. Suitable for adults. *(Limit 12 – Art Studio Registration Required)*

**28. Monday, January 30**

**Moorland Ensemble**

**Chamber Music Concert**

**7:00 pm**

The Moorland Ensemble presents a concert of works featuring piano including Beethoven's "Spring" sonata with violinist Kunie DeVorkin, and Faure's piano quartet in C minor *(Dance Studio)*

**29. Monday, January 30**

**Creative Clay Tile and Coaster Making**

**Teaching Artists, LeElaine Comer and Amelia Beyna**

**6:45 – 8:45 pm**

In this workshop, participants will experience working with clay through handbuilding individual tiles or a set of ceramic coasters. Participants will experiment with using coils or slabs to create forms. We'll also explore various techniques for decorating coasters and tiles, including painting with underglazes, using slips or stains, carving designs and making imprints. Pieces will be fired and ready to be picked up in two weeks. (Limit 10 – Ceramic Studio, Registration Required)

**30. Tuesday, January 31**

**A Day in the Life of a Forensic Artist**

**Teaching Artist, Richelle Kaufman**

**7:00 -8:30 pm**

Forensic art is an artistic technique used in the identification, apprehension, or conviction of wanted persons as well as the study and preservation of historic remains. It encompasses several disciplines, including composite art, image modification, age progression, post-mortem reconstruction and demonstrative evidence. The forensic artist possesses knowledge of victim psychology, post-mortem reconstruction and human aging. Get a glimpse into this fascinating world with Richelle Kaufman, a classically trained fine artist who combined a background in the sciences with a BFA from the Pennsylvania Academy of Fine Arts to obtain a certificate in police composite drawing. Her studies in this area including working with renown forensic sculptor, Frank Bender. (Limit 25 – Art Studio, Registration Required)

**31. Tuesday, January 31**

**Belly Dancing Basics**

**Teaching Artist, Laura Maravilla**

**7:00 - 8:30 pm**

Get a glimpse into the world of belly dancing and get your hips moving in this overview of basic belly dancing moves and styles. Suitable ages 10 and up. (Limit 20- Dance Studio, Registration Required)

**32. Wednesday, February 1**

**The Blue-Collar Artist Navigates the Industry of Art**

**Part III – Preparing an Artist Packet**

**Teaching Artist, Bruce McKaig**

**7:00 – 8:30 pm**

This class is designed for artists with some experience and a growing stock of images, who want to organize and present a portfolio of their work. The class will discuss appropriate protocol to present a portfolio (galleries, museums, publications, festivals) and students will work on the complementary tools for a presentation (an artist statement, a resume, a proposal, jpegs). These sessions include a variety of materials on the wheres, whos, and hows of getting your art out of boxes and into the industry of art. It is never too early to start. (Limit 20 – Dance Studio, Registration Required)

**33. Thursday, February 2**

**Healthy Living/Zumba**

**Teaching Artist, Jenn Murray**

**7:00 - 8:30 pm**

Live The Fit Life 7:00 – 7:30 -Learn how nutrition, effective exercise, and essential vitamin and mineral supplementation will help reduce excess body fat, improve mental clarity, and reduce the risk of osteoporosis, heart disease, cancer, and diabetes.

Zumba® 7:30 – 8:30 -The Zumba® program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. Our goal is simple: We want you to want to work out and to love working out. Zumba fanatics achieve long-term benefits within the one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! (Limit 30 – Dance Studio, Registration Required)

**34. Friday, February 3**

**One of a Kind Ceramic Checkerboard Game Pieces**

**Teaching Artist, Jeremy Huth**

**7:00 – 8:30 pm- Open House**

*(Ceramic Studio, Registration Required)*

Come on down to the ceramic studio to sculpt and decorate your own checker board game pieces. Design your own game pieces to be circles versus squares, red circles versus purple circles, or whatever you can imagine. Don't have a game board? Don't worry, we can make that too! Suitable for ages 5 and up.

**35. Saturday, February 4**

**Dramagami**

**Teaching Artists, Amy Herbert & Joanne Seelig**

**10:00 – 11:30 am**

What does drama plus origami equal? Dramagami! Combine the tradition of paper arts with storytelling, drama and fun! Learn to fold three animals in each workshop and create a mini-play about the animals. Leave with your newly folded animals and a story you can act out at home with them. As you fold the animals, let your imagination go wild as you create a whole world for the animals as you activate your body and voice with a little play creation. Suitable for ages 7 and up. (Limit 12 – Art Studio, Registration Required)

**36. Thursday, February 9**

**Balancing Act / Zumba**

**Teaching Artist, Jenn Murray**

**7:00 - 8:30 pm**

Balancing Act 7:00 -7:30 – Our endless to-do lists have each of us juggling work and play, plus friends and family. Learn the art of creating balance in your life. Discover the steps to create and maintain a sense of balance and harmony in life. Receive practical, hands-on strategies for how to pull this off when the demands on your time are constant and insatiable.

Zumba® 7:30- 8:30 -The Zumba® program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. Our goal is simple: We want you to want to work out and to love working out. Zumba fanatics achieve long-term benefits within the one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! (Limit 30 – Dance Studio, Registration Required)

**37. Thursday, February 9**

**Midnight in Paris: Andre Breton's Exquisite Corpse**

**Teaching Artist, Ellen Cornett**

**7:00 - 8:30 pm**

The Surrealists are credited with the invention of The Exquisite Corpse based on an old parlor game called Consequences. These pieces are cousins to the Surrealist "automatic drawing" which was meant to be direct expression of the artist's unconscious on paper. Each player begins a drawing on the top of a sheet of paper, folds it over to conceal the drawing and passes it to the next person for their contribution.

The folded papers moves around the room until they have all been completed at which time the papers are unfolded and the subconscious-driven masterpieces are revealed. Each participant will take home an original piece of art. (*Limit 12 – Art Studio, Registration Required*)

### 38. Saturday, February 11

#### **“Far Away” - Capitol Hill Art League Show Opening**

**Juror, Marsha Staiger**

**5:00 – 7:00 pm**

A program of the Capitol Hill Arts Workshop, the Capitol Hill Art League (CHAL) provides artists with opportunities to meet each other, talk about art and learn in a friendly environment; gives artists opportunities to exhibit and sell their work in a gallery setting; and promotes the growth and appreciation of visual arts in the Capitol Hill community and beyond.

### 39. Sunday, February 12

#### **Conversations with Composers**

**Bob Convery & Jeffery Watson with Peter DiMuro**

**3:15 - 3:45pm**

#### **Capitol Hill Presbyterian Church (4<sup>th</sup> & Independence SE)**

Get an insider’s view of the compositional process as Jeffery Watson and Robert Convery discuss the creative impulses and production of their choral works being performed at CHAW’s 40<sup>th</sup> Anniversary Concert.

### 40. Sunday, February 12

#### **40<sup>th</sup> Anniversary Choral Concert**

**C. Paul Heins, Jeffery Watson - Conductors**

**4:00 pm**

#### **Capitol Hill Presbyterian Church (4<sup>th</sup> & Independence SE)**

A chorus of community voices will celebrate Capitol Hill Arts Workshop in honor of its 40th Anniversary with a concert featuring selections from Robert Convery’s “Songs of Children”, based on writings of children during the Holocaust, Jeffery Watson’s “Where Every Voice Is Heard”, written for CHAW’s 30th Anniversary and selections by CHAW’s Capitol Hill Youth Chorus.

## **EVENTS BY TYPE**

#### Art as Science

**Nana’s Nano Vision: An artist’s search for the beauty of the DNA molecule** (*Jan. 12*)

**Drawing Nature** (*Jan. 21*)

**A Day in the Life of a Forensic Artist** (*Jan. 31*)

#### Art as Self

**Darkroom Portraits** (*Jan. 4*)

**Midnight in Paris: Andre Breton’s Exquisite Corpse** (*Feb. 9*)

**Open Figure Drawing** (*Jan. 28*)

**Conversations with Composers** (*Feb. 12*)

#### Art as Adornment

**Jewelry Making** (*Jan. 17*) - F

**Guitar Chord Melody** (*Jan. 23*)

**Midnight in Paris: Matisse—Drawing with Scissors** (*Jan. 26*)

**Sculptural Birdbath** (*Jan. 30*) - F

#### Art as Communication

**The Art of Snail Mail** (*Jan. 27*)

**Cards, Candids and Collage** (*Jan. 23, 24*)

#### Art as Profession

**The Blue--Collar Artist Navigates the Industry of Art:**

**Parts I, II & III** (*Jan 18, 25, & Feb. 1*) - F

**The World Outside the Studio** (*Jan. 25*)

**CHAW’s 6<sup>th</sup> Annual Contemporary Photography**

**Exhibition** (*Jan. 7 – Feb. 2*) - F

**Capitol Hill Art League** (*Feb. 11*) – F

#### Art as Play

**Animal Mask Making and Performance** (*Jan. 7*) - F

**Action=Art/Art=Action** (*Jan. 18*)

**Ceramic Checkers** (*Feb. 3*) - F

**Dramagami** (*Feb. 4*) - F

#### Art as Space

**Think Flat, Think 3D** (*Jan. 11*)

**Midnight in Paris: George Braque, Pablo Picasso and Cubism** (*Jan. 19*)

**Ceramic Tiles and Coasters** (*Jan. 30*)

#### Art as Motion

**Tango Practica** (*Jan. 13*)

**Bokamoso family Concert** (*Jan. 14*)

**Family Sock Hop** (*Jan. 21*) - F

**Belly Dancing Basics** (*Jan. 31*) - F

**Space Activation Lab** (*Jan. 28*)-F

**Zumba** (*Feb. 2, 9*)

#### Art as Harmony

**Building a Vocal Community®: Finding Your Voice** (*Jan. 11*) - F

**All Points West Chamber Music Ensemble** (*Jan. 14*) - F

**Mural Painting** (*Jan. 14*) - F

**MLK Remembrance Concert** (*Jan. 17*) - F

**Moorland Ensemble** (*Jan. 30*)

#### Art as Community

**40<sup>th</sup> Anniversary Choral Concert** (*Feb. 12*) - F

*\*Three winners will be drawn 2/12/12. Some restrictions apply.*

*F = Youth and Family Friendly Events*

*+ This schedule subject to change.*

### **NEW CLASS SESSIONS BEGIN IN JANUARY 2012!**

- After School Youth Arts Program runs January 3 – June 8, 2012
- Early Childhood Classes – 8 & 10 week sessions begin January 2012
- Adult Classes – 8 & 12 week sessions begin February 2012

Visit [www.chaw.org](http://www.chaw.org) for more information!