

CAPITOL HILL ARTS WORKSHOP



Schedule of Early Childhood Classes Spring Session 1 January 12 – March 28, 2012

ABOUT US

Capitol Hill Arts Workshop is a community-based not for profit organization founded in 1972 by a group of artists interested in sharing their artistic expertise and passion with the community. The Workshop draws students and audiences of all ages, skills and backgrounds from throughout the Capital Region to explore visual arts, dance, theater, ceramics, photography, digital art, music and creative writing in a unique neighborhood setting. In addition to arts classes, Capitol Hill Arts Workshop hosts a wide variety of performing artists, collaborations, outreach programs and community events.

REGISTRATION

- Registration opens December 12, 2011. Registration forms are available online at www.chaw.org, or at the CHAW office.
- Register:
 - By Phone:** 202-547-6839
 - By Fax:** 202-543-1723
 - In Person:** We'd love to see you!
 - Online:** www.chaw.org Opens December 19, 2011
 - By Email:** registration@chaw.org with all appropriate forms attached
- CHAW requires a minimum of 5 students in any class. CHAW reserves the right to cancel classes due to insufficient enrollment up to two weeks into the semester.
- This schedule is subject to change.
- **Register after January 11 add \$50**

PreK - Creative Movement & Tumbling

Tumbling

Teaching Artist, Heidi Hess

Students will explore many ways to move through creative dance, tumbling and fun upbeat music. The tumbling segment will aid students in the development of strength, coordination and flexibility. Students will also learn a variety of introductory dance steps and terminology. During this class we will routinely go over the importance of taking turns, following directions and having fun! This is a PreK , child-only class.

Wednesdays 2/8-3/28 (8 weeks) \$144

Ages 2 - 3 3:00-3:45 S112E1

Ages 4 - 5 4:00-4:45 S112E2

Creative Movement

Teaching Artist, Laura Maravilla

Using expressive movement and creative interpretations of favorite stories, characters, animals and activities your child will have fun exercising while developing coordination, control and expression. This is a PreK, child-only class.

Thursdays 1/12-3/15 (10 weeks) \$180

Ages 3 – 5 3:00 – 3:45 S112E3

Ballet

Pre-Ballet I (3 – 5 years, child only)

Teaching artist, Heidi Hess

Students enrolled in this class will experience new ways of expanding their minds and bodies through movement and music. During this class, students will learn to express themselves with the art of dance and creative movement. We will be using an array of games, stories and songs to build upon and improve the development of motor skills and coordination. This class is for children with no experience or who have completed one session of Pre-Ballet I. Family and friends are welcome and encouraged to observe the final class recital of the session.

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|-------------------------------------|--------------|
| Saturdays 2/4-3/24 (8 weeks) | \$144 |
| 9:35-10:20 am | S112E4 |
| 10:25-11:10 am | S112E5 |

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|--------------------------------------|--------------|
| Wednesdays 2/8-3/28 (8 weeks) | \$144 |
| 5:00 – 5:45 pm | S112E6 |

Pre-Ballet II (3 – 5 years, child only)

Teaching artist, Heidi Hess

Students will continue to expand their knowledge of basic ballet techniques, while diving deeper into the fundamentals of dance with easy-to-follow steps and level appropriate dance combinations. Students must have completed at least two sessions of Pre-Ballet I to enroll, on the advice of the instructor. Family and friends are welcome and encouraged to observe the final class recital of the session.

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| Saturdays 2/4-3/24 (8 weeks) | \$144 |
| 8:45-9:30 am | S112E7 |

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|--------------------------------------|--------------|
| Wednesdays 2/8-3/28 (8 weeks) | \$144 |
| 6:00 – 6:45 pm | S112E8 |

Pre-Ballet III (3 – 5 years, child only)

Teaching artist, Heidi Hess

The movement vocabulary in this class will expand, as well as the level of steps and technique. Students will learn the importance of that what is taught, along with coordination and level appropriate ballet combinations. Students must have completed at least two sessions of Pre-Ballet II to enroll, or on the advice of the instructor. Family and friends are welcome and encouraged to observe the final class recital of the session.

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| Saturdays 2/4-3/24 (8 weeks) | \$144 |
| 11:15-12:00 pm | S112E9 |

Ballet (4 – 6 years, child only)

Teaching artist, Heidi Hess

The movement vocabulary in this class will expand, as well as the level of steps and technique. Students will learn the importance of that which is taught, along with coordination and level appropriate ballet combinations. Students must have completed Pre Ballet III or instructor permission to sign up. Family and friends are welcome and encouraged to observe the final class recital of the session.

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|-------------------------------------|--------------|
| Saturdays 2/4-3/24 (8 weeks) | \$144 |
| 12:05-12:50 pm | S112E10 |

Music Together

Music Together®, an internationally recognized music and movement program, encourages early childhood music development for infant, toddler and pre-school children through mixed-aged classes that include parents and caregivers. It pioneered the concept of a research based, developmentally-appropriate early childhood music curriculum that strongly emphasizes and facilitates adult involvement, and it is fun! The Music Together approach develops every child's birthright of basic music competence by encouraging the actual experiencing of music through playful activities rather than by the learning of concepts or information about music. Birth-5 years (no skill level required) Parent or caregiver participates with child (does not need to be 1:1 ratio of adult and child- one adult to two children is okay). Fee includes two professionally recorded CDs of the semester's songs, rhythm chants, and play along music; a new songbook with illustrations and activities; and Music Together at Home: Helping Your Child Grow Musically, a book and DVD designed to educate parents and caregivers about music in their children's lives. An exciting new collection of songs is presented each semester!

Mondays, 1/23-3/19 (8 weeks)

Teaching Artist, Sue Goodwin

\$182

9:45 - 10:30 am S112E11

10:45 - 11:30 am S112E12

11:45 am - 12:30pm S112E13

No class on February 20 – President's Day

Wednesdays, 1/18-3/21 (10 weeks)

Teaching Artist, Mandy Wimmer O'Brien

\$218

9:45 - 10:30 am S112E14

10:45 - 11:30 am S112E15

Thursdays, 1/19-3/22 (10 weeks)

Teaching Artist, Mandy Wimmer O'Brien

\$218

9:45 - 10:30 am S112E16

10:45 -11:30 am S112E17

Fridays, 1/20-3/23 (10 weeks)

Teaching Artist, Sue Goodwin

\$218

9:45 - 10:30 am S112E18

10:45 - 11:30 am S112E19

11:45 am - 12:30 pm S112E20

For questions about Music Together®, please contact www.littlestepsmusic.com or 703.536.4706 - Main Office

Don't miss CHAW's **40 FREE Events in 40 days** starting January 2012 to kick off our 40th Anniversary Year. Click on www.chaw.org for information and registration or call 202-547-6839.