

CAPITOL HILL ARTS WORKSHOP



Schedule of Adult Classes Spring I February 6 – March 14, 2012

ABOUT US

Capitol Hill Arts Workshop is a community-based not for profit organization founded in 1972 by a group of artists interested in sharing their artistic expertise and passion with the community. The Workshop draws students and audiences of all ages, skills and backgrounds from throughout the Capital Region to explore visual arts, dance, theater, ceramics, photography, digital art, music and creative writing in a unique neighborhood setting. In addition to arts classes, Capitol Hill Arts Workshop hosts a wide variety of performing artists, collaborations, outreach programs and community events.

REGISTRATION

- Registration opens January 12, 2012. Registration forms are available online at www.chaw.org, or at the CHAW office. Register on or after February 6, 2012 and add a \$50 late fee.
- To Register
 - By Phone:** 202-547-6839
 - By Fax:** 202-543-1723
 - In Person:** We'd love to see you!
 - Online:** www.chaw.org
 - By Email:** registration@chaw.org with all appropriate forms attached
- No classes on 2/20/2012
- Deadline for registration is 24 hours prior to the start of the first class meeting. CHAW requires a minimum of 5 students in any class. CHAW reserves the right to cancel classes due to insufficient enrollment up to two weeks into the semester.
- This schedule is subject to change.

DANCE

Jazz Dance - S112AD1

Teaching Artist, Heather Whyte

Mondays 6:00 – 6:55

2/6 – 4/2 (8 weeks, no class 2/20) \$144

This Luigi Technique inspired Jazz dance class will include warm-ups, stretching and technique building with a focus on exercises across the floor and new combinations for each class to learn, execute and perfect. The body positions in parallel will be reviewed, healthy posture will be emphasized, and dance expression to music will be highlighted. Beginner and intermediate students are welcome. Ballet shoes and loose fitting clothes are required.

Tap Dance - S112AD2

Teaching Artist, Heather Whyte

Mondays 7:00 – 7:55

2/6 – 4/2 (8 weeks, no class 2/20) \$144

Learn to shuffle, flap, and all the basics to get you moving. Students should have tap shoes and wear comfortable clothes. No prior dance experience required.

Beginning Ballet for Adults - S112AD3

Teaching Artist, Heather Whyte

Mondays 8:00 – 8:55

2/6 – 4/2 (8 weeks, no class 2/20) \$144

This class emphasizes the fundamentals of ballet and encourages ballet as a means of improved body awareness, poise, grace, musicality, flexibility, and self-expression. Classes are structured to include warm-up exercises, barre technique and center floor work. Ballet shoes and comfortable clothes are recommended. No prior dance experience required.

Dance Fitness- S112AD4

Teaching Artist, Laura Maravilla

Tuesdays 6:00 – 6:55

2/14 – 4/3 (8 weeks) \$144

Hate to exercise but know that it is good for you? Come dance away the hour and burn a bazillion calories. We will do basic dance steps to music from all over the world, and it is guaranteed that you will both smile and sweat.

Belly Dancing Basics- S112AD5

Teaching Artist, Laura Maravilla

Tuesdays 7:00 – 7:55

2/14 – 4/3 (8 weeks) \$144

Get a glimpse into the world of belly dancing and get your hips moving in this overview of basic belly dancing moves and styles.

Dance Sampler- S112AD6**Teaching Artist, Laura Maravilla****Tuesdays 8:00 – 8:55****2/14 – 4/3(8 weeks) \$144**

This is a class for people who love to dance, or for those who love the idea of dancing. We will explore a variety of different styles of dance from classical techniques to folk dancing to partner dancing. No experience necessary, but you must have sense of adventure!

Intermediate Ballet for Adults - S112AD7**Teaching Artist, Heidi Hess****Wednesdays 7:00 – 7:55****2/15 – 4/4 (8 weeks) \$144**

This class will review basic ballet vocabulary and techniques, and introduce more advanced positions, exercises and combinations. Adult and teen students with previous ballet dance experience as well as students looking to reintroduce ballet back into their lives (yes, even if it was 20 years ago!) are encouraged to enroll.

Dance Craze: Disco- S112AD8**Teaching Artist, Heidi Hess****Wednesdays 8:00 – 8:55****2/15 – 4/4 (8 weeks) \$144**

There's nothing like going to a dance party and pulling out a little Saturday Night Fever to wow your friends and colleagues! Here is your chance to learn specific dance moves and steps that define the 70's, including the ever so popular Hustle. Grab your dance shoes, a little glitter, your white polyester three piece suite and release your inner Travolta then pivot on over to CHAW and join us for Wednesday Night Fever!

Poetry in Motion- S112AD9**Teaching Artist, Binahkaye Joy****Saturdays 1:30 – 2:15****2/18 – 4/7 (7 weeks, no class 3/17) \$126**

Dance it out in a fun movement, writing, and play class. We'll use writing prompts, dance games and our infinite imaginations to explore and build links between our thoughts, words, emotions and the many dances they inspire in our bodies. Appropriate for all dance levels. We all have lots of stories to tell and our bodies are great resources in expressing those ideas. Let's Dance!

Liberated Booty- S112AD10**Teaching Artist, Binahkaye Joy****Saturdays 2:15 – 3:00****2/18 – 4/7 (7 weeks, no class 3/17) \$126**

"A liberated booty is a liberated being!" Come and explore the wonders, beauty, and magic of one of your most powerful assets...pun intended! Binahkaye Joy, your devoted Liberated Booty Coach, leads a fun total-body movement class that celebrates booty dances from around the world and gives you space to create and share your own dances too. This booty liberation is appropriate for all levels. Participants also have the option of collaborating and presenting a liberated booty dance as a class at the end of the session.

ART

Oil Painting- S112AA1

Teaching Artist, Ellen Cornett

Mondays 6:30 – 8:30 pm

2/13 – 4/9 (8 weeks, no class 2/20) \$288 + \$30 materials fee

This class is designed for beginning and intermediate painting students. Beginners will get an introduction to handling material, safety and basic color theory. Beginning students will have the opportunity to learn to paint from a simple, but challenging still life. Experienced painting students will be assigned more complex subject matter. Students will complete one or two paintings during the 8 week class. All materials are supplied. Students should wear old clothes and bring one roll of paper towels.

Watercolor Painting 101- S112AA2

Teaching Artist, Richelle Kaufman

Tuesdays 6:30 – 8:30 pm

2/14 – 4/3(8 weeks) \$288

This workshop is designed for the aspiring watercolor artist, those with some experience, and those who are just getting started. Each class will begin with a painting demonstration as well as discussion of the history of watercolor. As the painting progresses the instructor will provide you with a simple step by step explanation of every segment of the process. Along the way, additional demos on design, value studies, washes, texture, splattering, and sponging as well as using ink rendering to enhance detail. The class will also explore the stretching of watercolor paper. Go to www.chaw.org to download materials list.

Pastel Painting- S112AA3

Teaching Artist, Ellen Cornett

Tuesdays 6:30 – 8:30 pm

2/14 – 4/3(8 weeks) \$288

This class is located at FRAME OF MINE 522 8th Street SE Washington, DC 20003

Working with soft chalk pastel, students will explore color theory and pastel application in still life drawings. Students will complete a series of drawings while learning how to work in pastel. A supply list will be provided. Students should wear old clothes to class. This class is designed for students who have completed Drawing I or its equivalent.

Advanced Watercolor and Pastel Painting- S112AA4

Teaching Artist, Gina Clapp

Wednesdays 10:00 am – 1:00 pm

2/15 – 4/25 (11 weeks) \$594

This class is designed for people with some experience in watercolor painting AND/OR an interest in chalk pastel. (no pastel experience required). Some students may wish to combine chalk and watercolor, or just focus on one medium or the other. Advanced Watercolor painters who wish to develop their technique, try new approaches, and focus on color and composition are invited to join us.

Drawing Techniques 101- S112AA5**Teaching Artist, Carolina Mayorga****Wednesdays 6:30 – 8:30 pm****2/15 – 4/4 (8 weeks) \$288**

In this class students learn the fundamental concepts of drawing and 2D media. Observation, one of the most important elements in drawing, will be stressed through different techniques and experimentation with several materials. The class will be complemented with theory (composition, perspective, proportions) and examples in art history. Returning students will build up on their basic skills by working on individual projects chosen according to their conceptual and technical interests. The materials list will be provided at the first class.

Life Drawing - S112AA6**Teaching Artist, Ellen Cornett****Thursdays 6:30 – 8:30****2/16 – 4/5 (8 weeks) \$288**

Painters and sculptors have celebrated the nude for centuries. In this class students will increase their understanding of, and comfort with, rendering the human figure. There will be demonstration and lecture, but instruction will be primarily individual with an emphasis on perfecting previously acquired skills and trying new approaches to rendering the figure. The class will be complemented with theory and examples in art history. If time allows, there will be group critiques of work during the semester. This is intended to both allow students to see what others are doing and learn from their work and to enhance the student art vocabulary. There is strong emphasis on building a community in the classroom that allows students to comfortably take risks with their work. Students may be invited to meet for informal “field trips” to exhibits and other art-related events. No materials are supplied. It is strongly recommended that students be adults with previous drawing experience. Students taking this class should have some prior drawing experience.

DC Sketchers - S112AA7**Teaching Artist, Kent Gay****Saturdays 10:00 am – 12:00 pm (locations vary)****2/25 – 5/19 (12 weeks, no class 4/14)****\$240 /12 weeks, \$100 /4 class pass, \$30/class drop-in**

DC Sketchers records the places, people and happenings of the DC area. Each week we will venture out to capture the views and interesting details of our area's rich architectural and cultural landscape. For example, we may record our nation's public events on the National Mall, draw the variety and detail of plant life at the U.S. Botanical Garden, or sketch the lively public spaces at Union Station and Dupont Circle. Your curiosity about the world will lead you to look more closely and carefully. You will learn to see and learn to draw with accuracy and sensitivity. Beginners will be led through a series of exercises that develop the perceptual skills needed to draw what you see. Intermediate students will benefit from a class structure that encourages cooperative learning and exploration.

Acrylic Painting- S112AA8**Teaching Artist, Emma Steinkraus****Saturdays 10:00 – 12:00****2/18– 4/28 (10 weeks, no class 4/14) \$360**

This class focuses on the use of acrylic paint and drawing materials to generate realistic images. While some of the projects will be from observation, students will also learn a number of techniques for working from photographs and supplementary images. A special emphasis will be given to portraiture

and techniques for accurately rendering skin. To view samples of the teaching artists' work visit www.emmasteinkraus.com

Open Figure Drawing - S112AA9

Facilitator, Wil Fleischel

Saturdays 1:30 – 4:30 pm

2/11– 6/9 (16 weeks, no class 4/14 or 5/26)

\$76/4 class pass, \$20/class drop-in

This is an opportunity for artists to work on drawings or paintings in front of a live model in a session without an instructor. Please bring your own drawing materials. Easels are available.

CERAMICS

Ceramic Basics- S112AC1

Teaching Artist, LeElaine Comer

Mondays 6:15 – 8:45 pm

2/6 – 4/2 (8 weeks, no class 2/20) \$360 + \$30 Materials Fee

This class is a great way to get out of your head and into your hands. Students will develop strong basic skills on the pottery wheel and make functional pottery forms in the process. Course instruction will focus on the potter's wheel, including instruction on shaping, trimming, glazing and firing pottery pieces. We'll cover the fundamentals of working with clay, centering, throwing cylinders and bowls, making handles and attachments, as well as glazing and decorating. Learning to use the potters wheel takes patience, focus, and practice. It is also super-relaxing and guaranteed to be the most rewarding mess you make all week. Beginners and intermediate students are welcome, as well as self-directed hand builders and sculptors.

Ceramic Surface Design for Beginners- S112AC2

Teaching Artist, Alayna Rasile

Tuesdays 6:15 – 8:45 pm

2/14 – 4/3 (8 weeks) \$360 + \$30 Materials Fee

There are so many ways to add interesting and dynamic flair to vessels, tiles, and sculptural work. The creative process goes far beyond the shape and structure of your piece. We will explore carving, painting with underglaze, using slips, reliefs, texture etc. Half of the class time will be spent learning to throw on the wheel or handbuild either sculptural or functional ware, emphasis will be on technique and decorative possibilities through surface design.

Open Ceramics Studio- S112AC3

Facilitator, Twylene Moyer

Wednesdays 6:15 – 8:45pm

2/15 – 4/4 (8 weeks)

Students currently enrolled in ceramics classes at CHAW may use this time to work independently on projects.

Try it Out Thursdays - S112AC4

Thursdays 6:30 – 8:30 pm

2/16 – 4/5 (8 weeks)

\$240/8 weeks, \$160 /4 class pass, \$45/single class drop-in

Build your repertoire of techniques and skills in this open and collaborative format where ceramics teaching artists share their best practices. A special welcome for newcomers on “Try it Out Thursdays” the first and third Thursday of the month.

Independent Study - S112AC5

Teaching Artist, Amelia Beyna

Saturdays

10:00 – 12:00 pm

2/18 – 4/7 (8 weeks, no class) \$288 + \$30 Materials Fee

Design your own project under the guidance of an experienced instructor. Whether you are a skilled artist or a beginner looking to get started in ceramics, this is the class for you. From wheel to sculpture to hand building, this is an excellent forum for exchanging ideas, developing techniques and creating functional and art pieces. Jumpstart your weekend with this fun and relaxing class.

PHOTOGRAPHY

Introduction to Digital Photography 101 - S112AP1

Teaching Artist, Bruce McKaig

Mondays 6:30 – 8:30 pm

2/6 – 4/2 (8 weeks, no class 2/20) \$288

Ever wonder while some of the photographs you take look great, others don't? Ever look at all the bells and whistles on your camera and wonder if one of them can make coffee? This class is designed for those who need help unlocking the mysteries of the digital camera, any digital camera, from point and shoots to SLRs. Exposure basics, composition, f-stops and shutter speeds are explained through lectures, demos, and assignments. BUT THERE'S MORE! Cameras are just one of many steps it takes to make a great photograph. This class will also look at what visual qualities you can expect from camera work, and what visual qualities depend on a little computer work to finish the job. No experience necessary. Open to beginners or intermediate level photo aficionados. Digital camera required

Fundamentals of Digital Photography - S112AP2

Teaching Artist, Joe Yablonsky

Tuesdays 6:30 – 8:30 pm

2/14 – 4/3 (8 weeks) \$288

In this class we'll cover many technical and creative topics which will help you understand how to use your digital camera inside and out. These topics include: apertures, shutter speeds, depth of field, motion effects, equivalent exposures, lenses, exposure, exposure modes and compensation, metering modes, ISO, white balance, histograms, image recording quality, basic rules of composition, and much more. Bring your camera and instruction manual to the first session.

Introduction to Digital Photography 102- S112AP3

Teaching Artist, Bruce McKaig

Wednesdays 6:30 – 8:30 pm

2/15 – 4/4 (8 weeks) \$288

If you've taken Intro to Digital Photography, or have worked a bit on your own and could benefit from guided instruction to grasp the overall process of making great photographs, this class is for you. We work on strengthening the basics and taking better control of the act of photography. As well as improving camera work, the class takes a deeper look into how important a computer and post-camera work is to the story. Minimum experience necessary, digital camera required.

Candids & Collage - S112AP4

Teaching Artist, Leslie Mansour

Thursdays 6:30 – 8:30 pm

2/16 – 4/5 (8 weeks) \$288

Explore the diverse layers and expressions of photography through collage. Dig out your old family photos, travel pictures and candid's and discover the secrets embedded within each moment. This class will teach the basics of collage and open up discussion about the photographic process, how it transforms our deepest memories into unique works of art. No photography experience necessary.

MUSIC

Class Guitar for Adult Beginners - S112AM1

Teaching Artist, Ignacio Hernandez

Mondays 7:00 – 8:00 pm

2/6 – 4/2 (8 weeks, no class 2/20) \$144

Learn the guitar by playing popular songs by artists from around the world as well as some training in Blues, improvisation and basic music theory.

Private Instruction

Capitol Hill Arts Workshop offers private music instruction in voice, piano, strings and guitar. Prices vary. Lessons may be scheduled by calling Victor Prince @ 202-547-6839.

FITNESS

Pilates- S112AF1

Teaching Artist, Roberta Rothstein

Thursdays 6:30 – 7:15 pm

2/16 – 4/5

8 class pass \$144; single class - \$20

Pilates is a wonderful body/mind system of exercise designed to strengthen, tone and streamline your body without building bulk or stressing your joints. Pilates practice can correct poor posture habits and relieve aches and pains. In this mat class you learn and practice a series of progressive exercises that help you find, strengthen, and maintain your "powerhouse"- the muscles of the abdominals, lower back, hips and buttocks. Pilates coordinates your mind, body and breathing to develop strong abdominal muscles, long back, grace and balance. Master teachers easily accommodate beginners while allowing advancement and challenge to those experienced in Pilates. Mats are provided.

Zumba - S112AF2

Teaching Artists, Jenn Murray & K.P. Murray

Tuesdays 1:00 – 2:00 pm

2/14 – 4/3

Wednesdays 8:00 – 9:00 am

2/15 – 4/4

Thursdays 7:30 – 8:30 pm

2/16 – 4/5

\$100 - 10 class pass (good for any Zumba class); \$15 – single class INTRODUCTORY PRICE!

The Zumba® program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. Our goal is simple: We want you to want to work out and to love working out. Zumba fanatics achieve long-term benefits within the one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life!

Yoga Flow S112AF3

Teaching Artist, Gabriela Boston

Tuesdays 2/14 – 4/3

Thursdays 2/16 – 4/5

12:15 – 1:00 pm

\$144 – 8 class pass (good for either day); \$18 – single class

This yoga flow class is open to all levels. It aims to exercise the body and mind, creating strength and openness in both. The practice will include basic posture (asana) and breath (pranayama) work. The principle of Ahimsa - compassion for all - will guide the practice.