

## **Creative Breakthroughs: Mixed Media Painting**

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Saturdays, 9:30 am– 1:00. p.m.

In this workshop, we will explore expanding your creative expression in mixed media by utilizing art materials, sources of inspiration, and techniques in new ways. Making art is FUN-getting back to childhood where you had complete freedom to experiment-quieting your inner critic-starting a painting in 4 different ways that give you access to starting them in hundreds of ways- finding your own voice- finding inspiration, etc. The workshop will be intense! There will be homework! But the results will produce fuel to keep you in motion after January. This is an opportunity for both beginners and experienced artists who may need to be unblocked. The emphasis will be on finding your own unique voice through exercises geared to keep you guessing. A materials list will be provided before the first class.

### **Materials List:**

#### **PAINTS**

- Heavy body acrylic paints, at minimum a red, blue, and yellow by *Golden* or *Liquitex*.
- Suggested colors:
  - Red
    - Cadmium Red or Quinacridone Red
  - Blue
    - Ultramarine Blue or Phthalo Blue
  - Yellow
    - Yellow Orange Azo or Quinacridone Gold or Hansa Yellow
- Acrylic Medium GAC 100 by *Golden* or *Matte Medium*

#### **BRUSHES**

- White Nylon Rounds: #8, #10, or #12 and a liner brush
- White Nylon Flats: 1" Flat or Bright
- 3" Wash Brush (house painting brush)

#### **PAPER**

- Four sheets of *Fabriano Artístico* 140# Hot Press Watercolor Paper (Other acceptable paper manufacturers are *Saunders Waterford* and *Arches* both available 140# Hot Press)
- Gatorboard, 15"x20" or 16"x23"
- Spiral Bound Sketchbook, 9"x12"
- Palette Paper or Freezer Paper

#### **OTHER**

- Caran d' Ache Neocolor II Water Soluble Wax Pastels (Box of 10)
- Yes Glue or Golden High Solid Gel
- Graphite Pencils 2B and 4B, Charcoal
- Kneaded Eraser
- *Factis* or *Mars Staedtler* plastic eraser
- Squirt Bottle
- Bounty Paper Towels
- Container for Water