



## Capitol Hill Arts Workshop Summer 2009 Class Schedule

- All classes run June 15 – August 8<sup>th</sup> unless otherwise noted
- No classes will be held on July 3<sup>rd</sup> or 4<sup>th</sup>
- Make up week is August 11 – 15, 2009
- Registration: 202-547-6839

### ADULT CLASSES

#### **MONDAY**

##### **Social Dance**

**Instructor, John Aaron Blanchette**

**Monday 7:00 – 8:55 pm**

**8wks/\$256 – MA1**

Learn the basics of Waltz, Foxtrot, Tango, Cha Cha, Rumba, Mambo and Swing. We will focus on the fun and gregarious aspects of social dancing as we introduce ourselves to some of the most popular social dances. Additionally, this class will offer a "Gender-Neutral" environment where all members of our community can feel welcome, comfortable, and relaxed. Social Dancing is a fantastic way to literally connect with old friends, new friends, spouses and partners. Come on in and let's get dancing! \*NO PARTNER REQUIRED\*

##### **Oil Painting**

**Instructor, Ellen Cornett**

**Monday 6:45 – 8:45 pm**

**8 weeks/\$256 + \$25 materials fee – MA2**

In this class students learn the fundamentals of working with oil paints including some basic drawing and composition as well as color theory. Students will learn how to handle the materials safely and how to build a painting. We will complete one small painting of a single item—an apple or a lemon, and a larger landscape painting from the student's own photograph. Students are encouraged to interact with each other, to see what others are doing and learn from their work and to enhance the student art vocabulary. There is strong emphasis on building a community in the classroom that allows students to comfortably take risks with their work. Students may be invited to meet for informal "field trips" to exhibits and other art-related events.

**Giving Poetic Form to Your Voice****Instructor, Brandon Lewis****Monday 6:30- 8:55 pm****8 weeks/\$320 – MA6****Required Book \$12- \$18: *The Best American Poetry 2008******Series Ed. David Lehman, Guest Ed. Charles Wright***

Rather than a rare gift bestowed to only a selected chosen, suffering few, we will begin with the premise that poetry is a craft that can be learned through a close exploration of its elements. Throughout this course, each budding poet will have the opportunity to explore her or his voice and encounter ways of expression that stretch beyond comfort zones. Along with discussing the work of notable modern poets, we will write poems and explore choices of form along the way. After all, finding the right form for a poem is no less important than the design an architect must find for a building; form determines—or at least is closely related to—function. Through writing, experiments, discussion, and workshops, students will have many opportunities to grow into stronger, more versatile and aware poets. Open to beginners and more experienced poets seeking feedback.

**Fused Glass Plates and Bowls****Instructor, Brian Costner****Monday 6:00 – 8:55 pm****June 15 – MA9****July 13 – MA10****1 week/\$48 + \$35 materials fee per session**

Make a 6" and 8" square glass plate OR a 7"x12" serving platter OR a 9" bowl in this one-day workshop. Students will choose one or more techniques to create their unique designs in any of several available colors of glass. The plates will then be fused and ready for pick-up approximately 1-2 weeks after class. Bring sketches or magazines and books with you for inspiration, or create your designs in class. Wondering what fused glass is all about? This is a great introduction. Have some experience with kilnforming? Come learn a new trick or two. Plates make great gifts or use them to serve something special at your next party.

**Unsupervised Open Darkroom****No Instructor****Monday 6:15 – 8:55 pm****June 22 – August 3/ no class July 13 /\$10 per visit – MA7**

Use CHAW's dark room facilities. Requires one-time orientation (\$45). Call to schedule.

**Beginning Pottery 101****Instructor, Sarah Altmeyer****Mondays 6:30 – 8:30 pm****6 weeks / June 22 – July 27/\$192 + \$30 materials fee – MA8**

This class is designed for people with little previous art experience, and those who have never taken a pottery class before or need a refresher. The basics of wheel-thrown pottery will be taught: wedging, centering, pulling, shaping, trimming, glazing, and basic studio etiquette. Introductory projects include variations on the basic cylinder, such as mugs, vases, and bowls. Fee includes one 25-lb bag of clay, kiln firing, glaze, and tools.

## **TUESDAY**

### **Beginning Tap**

**Instructor, Heather Whyte**

**Tuesday 6:55 – 7:50 pm**

**8 weeks/\$128 – TA1**

An introduction to tap for adults. Learn to shuffle, flap, and all the basics to get you moving. Students should have tap shoes and wear comfortable clothes. No prior dance experience required.

### **Beginning/Advanced Beginning Ballet**

**Instructor, Heather Whyte**

**Tuesday 7:55– 8:55 pm**

**8 weeks/\$128 – TA2**

This class emphasizes the fundamentals of ballet and encourages ballet as a means of improved body awareness, poise, grace, musicality, flexibility, and self-expression. Classes are structured to include warm-up exercises, barre technique and center floor work. Ballet shoes and comfortable clothes are recommended. No prior dance experience required.

### **Art History – Uncover the Mystery!**

**Instructor, Lisa McKee**

**Tuesday 7:00 – 8:00 pm**

**4 weeks/ June 16 – July 7/ \$64 – TA3**

Discover the story of art through creation. Classes will focus on the major movements and trends throughout the history of art with hands-on projects. Impress your friends by learning the ways of the masters by doing and be able to read any painting on your next museum trip. No previous art experience required.

### **Wheel Throwing for Everybody**

**Instructor, Jeremiah Huth**

**Tuesdays 6:15 – 8:45 pm**

**8 weeks /\$320 + \$30 materials fee – TA4**

This class will focus on learning and developing your technique using a potter's wheel to create plates, cups, pitchers and bowls. All ability levels welcome.

### **Intro to Digital I**

**Instructor, Mark Isaac**

**Tuesdays 6:30 – 8:30 pm**

**6 weeks/ June 18 – July 21/\$192 – TA5**

This class is designed for beginners who want to better understand the world of digital imagery, or for students with experience who want to strengthen their basic skills. Topics covered include digital camera use, Photoshop basics, scanning and printing techniques. Students will be able to explore their own projects and develop the fundamental skills to continue digital work on their own.

## **Monologue Workshop for Advanced Beginners and Above**

**Instructor, Joanne Seelig**

**Tuesday 7:00 – 8:30 pm**

**6 weeks/ July 7 – August 11/ \$144 – TA 6**

Enjoy acting classes but have trouble finding time to practice with your scene partner? In this "solo performance" course, students will work on performing two contrasting monologues. Working with text ranging from Shakespeare to Albee, students will develop a sample audition set while strengthening their text analysis and character building skills. This course is great for aspiring actors, theater lovers, and those who wish to perfect their public speaking skills.

## **WEDNESDAY**

### **Creative Breakthroughs**

**Instructor, Michelle Hoben**

**Wednesday 6:45 – 8:45 pm**

**5 weeks/June 17 – July 15/ \$160 (students purchase materials) – WA 1**

In this workshop, we will explore expanding your creative expression in mixed media by utilizing art materials, sources of inspiration, and techniques in new ways. Making art is FUN-getting back to childhood where you had complete freedom to experiment-quieting your inner critic-starting a painting in 4 different ways that give you access to starting them in hundreds of ways- finding your own voice- finding inspiration, etc. The workshop will be intense! But the results will produce fuel to keep you in motion after the course. This is an opportunity for both beginners and experienced artists who may need to be unblocked. The emphasis will be on finding your own unique voice through exercises geared to keep you guessing.

### **Vessels and Sculptures**

**Instructor, Twylene Moyer**

**Wednesday 6:15 – 8:45 pm**

**7 weeks/ June 24 - August 5/\$280 +\$30 materials fee – WA 2**

Designed for students with previous ceramics experience, this class focuses on skill development and the creation of a new, or expanded, personal clay repertoire. Students will concentrate on individual projects—hand-built and/or wheel-thrown sculptural and one-of-a-kind functional forms. Eccentric shapes, formal alterations and modifications, and carving and raised relief additions are all encouraged. Students should come prepared with an idea of what they want to accomplish during the class and be ready to experiment with new ideas and approaches. Fee includes one 25-lb bag of clay, kiln firing, glaze, and tools

### **Fundamentals of Digital Photography**

**Instructor, Joe Yablonsky**

**Wednesday 6:30 – 8:30 pm**

**4 weeks/ June 17 – July 8/ \$128 – WA 3**

This class is designed for beginners who want to better understand the world of digital imagery, or for students with experience who want to strengthen their basic skills. Topics

covered include digital camera use, apertures, shutter speeds, depth of field, motion effects, lenses, ISO, exposure, histograms, white balance, image recording quality, and many other topics. Students will be able to explore their own projects and develop the fundamental skills to continue digital work on their own.

### **Creative techniques in Photography**

**Instructor, Joe Yablonsky**

**Wednesday 6:30 – 8:30 pm**

**4 weeks/ July 15 – August 5/ \$128 – WA 5**

This class will focus on the creative techniques you can use to take better photos. Topics will include: the rules of composition, simplicity, balance, natural lighting conditions, filters, and techniques to reduce distractions in your photographs.

### **A Second Wind Sr. Choir**

**Conductor, Colin James**

**Wednesday 7:00 – 8:30 pm**

**Ongoing through July 29**

**Music Fee \$50 – WA4**

**Call 202-547-6839 for information**

Are you a Senior who loves to sing? If so, than this is the place for you. Rehearse and perform a wide repertoire from Bach to Broadway. No auditions required.

## **THURSDAY**

### **Pilates**

**Instructor, Roberta Rothstein**

**Thursday 6:30 – 7:30 pm**

**9 weeks/June 18 – August 13/ \$144 – RA1**

Pilates is a wonderful body/mind system of exercise designed to strengthen, tone and streamline your body without building bulk or stressing your joints. Pilates practice can correct poor posture habits and relieve aches and pains. In this mat class you learn and practice a series of progressive exercises that help you find, strengthen and maintain your "powerhouse"- the muscles of the abdominals, lower back, hips and buttocks.

Pilates coordinates your mind, body and breathing to develop strong abdominal muscles, long back, grace and balance. Master teachers easily accommodate beginners while allowing advancement and challenge to those experienced in Pilates. Mats are provided.

### **Feldenkrais**

**Instructor, Jutta Brettschneider**

**Thursday 7:45 – 8:45 pm**

**8 weeks/ \$128 RA5**

Would you like to improve your posture, coordination and mental and physical flexibility? Are you ready to change patterns of chronic tension, pain and stress or just want to give your body and mind an hour of retreat in the middle of a work week? The Feldenkrais Method is an innovative approach to human learning: it connects movement and awareness = thinking and feeling. Artists, musicians and athletes use Feldenkrais to

improve their performances. Join the adventure as you are verbally guided through a sequence of gentle movements and images. Most work will occur on the floor. (Please wear comfortable clothes, bring a pair of extra socks and a mat if you have one (mats are also available)).

### **Life Drawing**

**Instructor, Ellen Cornett**

**Thursday 6:45 - 8:45 pm**

**8 weeks/ \$256 + materials fee – RA - 2**

In this class students work on increasing their understanding of and comfort with rendering the human figure. It is assumed that all students taking this class have some prior drawing experience, and materials preferences. Instruction will be individual, with an emphasis on helping students grow through trying new materials and new approaches to rendering the figure. The class will be complemented with theory and examples in art history. Time permitting, there may be group critiques of work during the semester. This is intended to both allow students to see what others are doing and learn from their work and to enhance the student art vocabulary. There is strong emphasis on building a community in the classroom that allows students to comfortably take risks with their work. Students may be invited to meet for informal "field trips" to exhibits and other art-related events.

### **Ceramics - Wheel Throwing Functional Ware**

**Instructor, Amanda Stutz**

**Thursday 6:15 – 8:45 pm**

**8 weeks /\$320 + \$30 materials fee – RA3**

After a long week of the daily grind, you need to slip away for a class that minimizes rules so you can have fun while being productive. The class is for the beginner who needs step-by step-support or for the experienced potter whose work needs support of a teacher who has worked with clay for many years. We focus on functional ware but that doesn't mean boring! You ask and we will create!

### **Intro to Digital II**

**Thursday Instructor, TBD**

**6:30 – 8:30 pm**

**8 weeks/\$256 – RA4**

If you have been working with digital photography for awhile, or if you have had some class experience, this class will take you to the next level in understanding both the technical workings of digital photography and the aesthetic dynamics of photo images. Students work on individual projects and learn from group discussions and feedback.

## **SATURDAY**

### **Unsupervised Open Darkroom**

**Saturday 9:15am – 1:30pm**

**\$10 Drop In - SA1**

**(Must have orientation before using facilities – one time fee of \$45. Call 202-547-6839 to arrange.)**

**Pilates****Instructor, Ariel Ashwell****Saturday 10:10 – 10:55****8 weeks/June 20 – August 15/ \$128 – SA2**

Pilates is a wonderful body/mind system of exercise designed to strengthen, tone and streamline your body without building bulk or stressing your joints. Pilates practice can correct poor posture habits and relieve aches and pains. In this mat class you learn and practice a series of progressive exercises that help you find, strengthen and maintain your "powerhouse"- the muscles of the abdominals, lower back, hips and buttocks. Pilates coordinates your mind, body and breathing to develop strong abdominal muscles, long back, grace and balance. Master teachers easily accommodate beginners while allowing advancement and challenge to those experienced in Pilates. Mats are provided.

**Ceramics Independent Study****Instructor, Amelia Beyna****Saturdays 10:00 – 12:00 pm****8 weeks/June 20 – August 15/\$256 + \$30 materials fee – SA3**

Work on wheel or handbuilding projects of your own choosing with advice and guidance provided by a ceramics instructor.

**Portrait Painting****Instructor, Sarah Thibodeaux****Saturdays 10:00 – 1:00 pm****8 weeks/June 20 – August 15/ \$384 – SA4**

This class teaches the fundamentals of painting the head in oil. Students will paint the model from life in 8 sessions (two paintings). Beginning with a toned canvas, students will execute a careful drawing and subsequently build up the structure of the head from darks to lights. Emphasis is on understanding the structure of the head and learning to mix colors to create realistic and harmonious flesh tones. The class will begin with a demonstration of the alla prima technique, used by John Singer Sargent and handed down through generations of atelier painters and teachers. Experience with drawing and/or painting preferred.

Materials List:

<http://www.dickblick.com/wishlist/wishlist.asp?Jm49Vkd0cFltOWtaV0YxZUE9PSZpPU5EZ3hNek13>

**Working from the Figure****Facilitators, Ellen Cornett/Sarah Thibodeaux****Saturdays 1:30 – 4:30 pm****4 weeks/ \$60 or \$20 per session drop in****June 20 – July 18 – SA4****July 25 – August 15 – SA5**

This is an opportunity for artists to work on drawings or paintings in front of a live model in a session without an instructor.

Please bring your own drawing materials. Easels are available.

## EARLY CHILDHOOD AND YOUTH CLASSES

### **MONDAY**

#### **Pre-Ballet I**

**Instructor, Jennifer Kilmer**

**Monday 5:30 – 6:15pm**

**8 weeks/\$128 – MEC1**

**(ages 3 – 5 student only)**

Students enrolled in the Pre-Ballet I class will experience new ways of expanding their minds and bodies through movement and music. During this class, students will learn to express themselves with the art of dance and creative movement. We will be using an array of games, stories and songs to build upon and improve the development of motor skills and coordination. This is for children with no experience or have completed one semester of Pre-Ballet.

#### **Intro to Jazz Dance**

**Instructor, Jennifer Kilmer**

**Monday 6:15– 7:00pm**

**8 weeks/\$128 – MY1**

**(ages 6 - 8)**

Students will learn some fundamentals in jazz like the jazz square, shimees, isolations, and basics of turns. All of these steps will be incorporated into a dance, where each week more choreography will be added. No experience needed

### **THURSDAY**

#### **Music Together**

**Instructor, Ashley Scott**

**Thursday 9:45 – 10:30am – REC1**

**Thursday 10:45 – 11:30am – REC2**

**8 weeks/ \$128 +\$36 materials fee**

**(ages birth-4 years with parent/caregiver participation)**

Music Together®, an internationally recognized music and movement program, encourages early childhood music development for infant, toddler and pre-school children through mixed-aged classes that include parents and caregivers. It pioneered the concept of a research based, developmentally-appropriate early childhood music curriculum that strongly emphasizes and facilitates adult involvement and, it's fun! The Music Together approach develops every child's birthright of basic music competence by encouraging the actual experiencing of music through playful activities rather than the learning of concepts or information about music.

## **FRIDAY**

### **Music Together**

**Instructor, Ashley Scott**

**Friday 9:45 – 10:30am – FEC1**

**Friday 10:45 – 11:30am – FEC2**

**8 weeks/June 19 – August 14/\$ \$128 +\$36 materials fee**

**(ages birth-4 years with parent/caregiver participation)**

See description above.

## **SATURDAY**

### **Pre-Ballet I**

**Instructor, Jennifer Kilmer**

**Saturday 9:15 – 10:00am – SEC1**

**Saturday 11:05 – 11:50am – SEC3**

**8 weeks/June 20 – August 15/\$128**

**(ages 3-5 student only)**

Students enrolled in the Pre-Ballet I class will experience new ways of expanding their minds and bodies through movement and music. During this class, students will learn to express themselves with the art of dance and creative movement. We will be using an array of games, stories and songs to build upon and improve the development of motor skills and coordination. This class is for children with no experience or have completed one semester of Pre-Ballet.

### **Pre-Ballet II**

**Instructor, Jennifer Kilmer**

**Saturday 10:10 – 10:55am – SEC2**

**8 weeks/June 20 – August 15/\$128**

**(ages 3 – 5 student only)**

This class is for students who have taken Pre-Ballet classes. Students will expand their knowledge of basic ballet techniques and improve coordination. Students will begin to dive deeper into the fundamentals of dance with beginning barre exercises, basic ballet combinations, easy-to-follow steps and level appropriate dance progressions. Pre-Ballet II will help young dancers improve body awareness and further improve the development of motor skills and coordination. This class is for students with at least two sessions of Pre Ballet I experience.

### **Ballet**

**Instructor, Jennifer Kilmer**

**Saturdays 12:00- 12:45 pm – SEC4**

**8 weeks//June 20 – August 15/\$128**

**(ages 4-6)**

This class is a continuation of skills building from Pre-Ballet II classes. Students should have taken at least two semesters of Pre-Ballet II to enroll in this class.

\*Please note that CHAW highly encourages parents to choose the appropriate class based on each child's skill and age level. If the instructor feels a student is not ready for a particular class, he/she will be asked to move into one that is a better fit.

## Jr. Arts Adventure Camp

Lead Teacher, Sara Leonard

Arts Specialist, Jade Holmes

Ages 3 – 5 (5 year olds must have their 5<sup>th</sup> birthday on or after June 2, 2009)

Worlds of color, texture, stories and motion await your child this summer at CHAW's Jr. Arts Adventure Camp as our young arts explorers discover and develop new skills and perspectives through art, music, dance and drama. Each week features a different theme and classes in drama & literature, art & architecture and music & movement designed to introduce basic artistic elements to your child through creative play. The week culminates in a final demonstration for family and friends on the last day of camp.

### **A Storyteller's Safari**

**July 20 – 24, 2009**

**2:00 – 5:00 pm**

**\$185**

Roar like a lion, choreograph a cha-cha for a cheetah, paint the amazing colors of a jungle. Through music dance, art, and theater activities campers will tell the stories of the animals found on safari.

### **Whale of a Tale**

**July 27 – July 31, 2009**

**2:00 – 5:00 pm**

**\$185**

Ocean adventure awaits! Creatures both mythical and real will inspire the music and movement, art and stories in a world of nautical exploration.